

# MOISÉS EDID GÓMEZ FARÍAS

LNCA



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medid@nutricionpersonalizada.org

## CURRENT OCCUPATION

Precision nutrition consultant. Private consultation in nutrition, incorporating elements of human microbiome, nutrigenetics and nutrigenomics for the diagnosis of associated diseases to nutrition, as well as in the design and application of normal and therapeutic diets that include nutrients and other biological compounds with preventive and maintenance effects on health, as well as adjuvants for effective medical treatment. Coordinator of research and teaching in nutrition. Subject teacher at undergraduate level and in professional specialization courses.

## PROFESSIONAL EXPERIENCE

### **NUTRICIÓN PERSONALIZADA, SC Morelos, México**

Private consultation in nutrition, including clinical nutrition, as well as elements of human microbiome, nutrigenetics and nutrigenomics, and functional foods and beverages. Interconsultant in clinical nutrition for various hospital institutions. Coordination of a team of healthcare and nutrition professionals. Private courses and conferences at the corporate level. Among other activities, author of book on oncological nutrition (ongoing), author of book on microbiome and human nutrition (ongoing), author of book on microbiota for young readers (ongoing).

### **CENTRO DE ESTUDIOS AVANZADOS EN NUTRICIÓN Cordoba, Spain**

Coordinator of research and teaching for Mexico  
Coordination of research and teaching activities related to general, clinical and sports nutrition.

### **NUTRISCIENCE EDUCATION & CONSULTING Lisbon, Portugal**

Subject teacher  
Teaching at the specialty level for health professionals, microbiota and nutrition (online course, currently in its fourth edition).

### **NUTRICIÓN ESPECIALIZADA Quetzaltenango, Guatemala**

Subject teacher  
Teaching at the specialty level for health professionals, microbiota and chronic renal disease (online).

### **CONTINUING EDUCATION CENTER IN NUTRITIONAL SUPPORT AND CLINICAL NUTRITION Bakersfield, California, United States of America**

Subject teacher  
Teaching at the specialty level for nutrition professionals, Nutritional Support Diploma (online, for the first to fourth editions).

Nutritionist  
1998 – to date

2020 – to date

2018 – to date

2018

2015 – 2017



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## PROFESSIONAL EXPERIENCE (Continued)

### **COLEGIO DE ESTUDIOS UNIVERSITARIOS STRATFORD, AC**

**Cuautla, Morelos, Mexico**

Subject teacher

Teaching at the undergraduate level for careers in Nutrition, Physical Education and Nursing, in various associated subjects to the life sciences, general nutrition, clinical nutrition and food science.

2013 – 2017

### **REEF WORKS MÉXICO, SA DE CV Mexico City, Mexico**

Director of operations

Reproduction, nutrition and productive maintenance of marine fish and invertebrates, both ornamental and intended for human consumption.

1996 – 1998

### **HORUS ASESORES, SA DE CV Mexico City, Mexico**

Consulting nutritionist

Consulting in institutional and commercial services of foods. Development of new products for operations in food and beverage services.

1993 – 1996

### **OPERADORA DE FRANQUICIAS TACO INN, SA DE CV Mexico City, Mexico**

Director of development

Commercial food and beverage services. Development of new products, supplier development, expansion of restaurant chain, both nationally and internationally.

1991 – 1993

### **DUSSMANN SERVICE DEUTSCHLAND GMBH Frankfurt am Main, Germany**

Internship in product development

Commercial and institutional food and beverage services. Development of new products. Quality assurance (physicochemical, microbiological and sensory).

1990 – 1991

### **HEZEL INMOBILIARIA, SA DE CV Mexico City, Mexico**

Director of planning and development

Design, construction and commissioning of commercial services of food and beverages, from menu design to the opening (turnkey).

1986 – 1990

### **UNIVERSIDAD IBEROAMERICANA, AC Mexico City, Mexico**

Subject teacher

Department of Hospitality Sciences (currently integrated to the Department of Business Studies). Professor of subject in health and hygiene in food services, for students of the degree in Hotel Administration (currently a

1985 – 1986

### **UNIVERSIDAD PANAMERICANA, AC Mexico City, Mexico**

Subject teacher

Professor of Chemistry and Selected Chemistry Topics for high school students.

1982 – 1985



## PROFESSIONAL EXPERIENCE (Continued)

### HORUS ASESORES, AC Mexico City, Mexico

Associate consultant

Consulting in institutional and commercial food services. Development of new products for operations in food and beverage services.

1982 – 1986

## EDUCATION

### NATIONAL AUTONOMOUS UNIVERSITY OF MEXICO

Institute of Biomedical Research, Department of Biotechnology.

Mexico City, Mexico

Basic research into the use of immobilized enzymes to continuous production of dairy products and in determining of the freshness of fish meat.

1981 – 1982

### UNIVERSIDAD IBEROAMERICANA, AC

Department of Food and Nutrition Sciences. Mexico City, Mexico

Bachelor on Nutrition and Food Science. Honorable mention.

1977 – 1982

### LA SALLE UNIVERSITY, AC Mexico City, Mexico

High school Bachelor on Chemical-Biological Sciences. Honorable mention.

1975 – 1977

## CONTINUING EDUCATION

Recent face-to-face and online courses from the following entities (among others):

- ✓ ACADEMY OF NUTRITION AND DIETETICS
- ✓ AMERICAN SOCIETY FOR CLINICAL LABORATORY SERVICE
- ✓ DUKE UNIVERSITY
- ✓ HARVARD UNIVERSITY
- ✓ INTERNATIONAL SOCIETY FOR IMMUNONUTRITION
- ✓ JOHNS HOPKINS SCHOOL OF MEDICINE
- ✓ MEXICAN ASSOCIATION OF NUTRIOLOGY
- ✓ MEXICAN COLLEGE OF NUTRITION
- ✓ MEDICAL SURGICAL SOCIETY OF HOSPITAL JUAREZ OF MEXICO
- ✓ NATIONAL AUTONOMOUS UNIVERSITY OF MEXICO
- ✓ NUTRISCIENCE ACADEMY
- ✓ RICE UNIVERSITY
- ✓ UNIVERSITY OF COLORADO BOULDER
- ✓ UNIVERSITY OF MARYLAND, COLLEGE PARK
- ✓ UNIVERSITY OF MELBOURNE
- ✓ UNIVERSITY OF NAVARRA
- ✓ UNIVERSITY OF PENNSYLVANIA
- ✓ WAGENINGEN UNIVERSITY
- ✓ WORLD GASTROENTEROLOGY ORGANIZATION

## MEMBERSHIPS

International Society for Immunonutrition  
 Mexican Association of Nutriology  
 Mexican College of Nutrition  
 The Nutrition Society

